



Complimentary and Integrative Medical Disclaimer

I'm not a physician or psychologist, and the scope of my consultation services does not include treatment or diagnosis of specific illnesses or disorders. If you, the client, suspect you may have an ailment or illness that may require medical attention, then you are encouraged to consult with a licensed physician without delay. Only a licensed physician can prescribe drugs. Any mention of drugs in the course of our consultation is only for the purpose of providing a complete history of medications that the client is taking and not for the purpose of judging the appropriateness of the medication. Any change in prescription or dosage is a decision the client makes with his or her physician.

Rather than dealing with treatment of disease, we focus on wellness and prevention of illness through the use of non-toxic, natural nutritional and stress management therapies to achieve optimal health. As a certified clinical nutritionist and functional medicine specialist, I primarily educate and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet.

While people generally experience greater health and wellness as a result of embracing a healthier attitude, lifestyle, and diet, I do not promise or guarantee protection from future illness.

content

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